



## **ITINERARY FOR TRIP TO ANCIENT BRITAIN – 29 MAY – 1 JUNE 2007**

### **Tuesday, 29 May 2007**

Evening: Meet in car park at 19.15 for 19.45 when we have one hour's open access to Stonehenge, the famous World Heritage site where we are able to spend time in meditation and any ceremonies we might wish to perform. This is a special opportunity to be close to the stones as usually there is only open access during the summer solstice in June, unless you book one of these special sessions.

### **Wednesday, 30 May 2007**

Morning: Meet in Glastonbury where we will be joined by Peter, our specialist guide for 2 days. We visit the Abbey grounds and ruins (entrance fee) - dowsing and sensing the energies of the Mary and Michael ley line currents which pass through the Abbey. We can gather around the Holy Thorn in the grounds. Then we gather around the little-known Omphalos Stone to do a meditation/circle. King Arthur's Grave can also be found there. We will then go over to a little known Mary Magdalene chapel, which is really powerful and holy. It is a quiet place of meditation and prayer with peaceful gardens. Finally we go into St John's Church to view Joseph of Arimathea's window and tomb. We will also dowse for the Michael current that goes through the church. Look out for the dragons in the architecture too!

Lunchtime - for shops and food!

Afternoon: Walk to Chalice Well Gardens (small entrance fee). These are incredibly beautiful and sacred gardens. You'll find holy water flowing, vesica pisces, Excalibur art, votive thorn trees, views of the Tor. The gardens will be in full bloom in May. Then we'll go up the Tor. From the top you'll see the glorious views, spend time in the tower and dowse the Mary and Michael energies once more. We'll end with a healing circle and drumming looking across Avalon.

### **Thursday, 31 May 2007**

Morning: Meet in Avebury. Once more we'll be joined by Peter. We'll start with a circle at The Cove. Then we'll walk around the main henge, looking at the archaeology, the faces in the stones, the astronomy, and follow and dowse the Mary and Michael currents of the St Michael line. This takes up the whole morning, as Peter does it in great detail and also gives people time to tune into the stones and energies – there's no rush!

Lunch.

Afternoon: We'll take a walk up and down Kennet Avenue, looking at the faces in the stones, astronomy, and feeling and dowsing the Michael current as it sweeps down the avenue. We'll then go to the Sacred Spring, source of the River Kennet, which is decorated with votive offerings, statues, etc, and do a meditation and healing circle along with some drumming. We then walk up the hill to West Kennet Long Barrow. At the top we'll look across to Silbury Hill and Peter will explain all about it. Then on to the barrow itself - the astronomy, earth energies, etc. We will then go down into the chambers, and do drumming and meditation.

Peter has been doing Avebury tours for years and knows the place intimately. It is a hands-on experience where the objective is to connect people with the Land and themselves. There may even be some early crop circles around - you never know!

## **MORE ABOUT THE PLACES**

### **Glastonbury**

Glastonbury is the New Age capital of Britain where nearly every alternative item is available and all fashions are catered for.

Frances Howard-Gordon in Glastonbury, *Maker of Myths*, writes "Glastonbury, the ancient Isle of Avalon, is known throughout the world as a holy shrine, an ancient sanctuary, a sacred centre overflowing with history, myths and legends. Within its landscape are hidden tales of ancient fertility rituals and a Neolithic spiral maze, the cauldron of inspiration, the Holy Grail and the elixir of life; a faery castle, a magic mountain and lights in the hills; King Arthur, the Round Table of the Zodiac and the story of creation; the oldest church in Britain, the coming of the saints, and the chalice of the Last Supper; secret passages, running water and inexplicable shafts of light a megalithic moon observatory, lines on the landscape and a sacred egg-stone." The legend of Glastonbury is that, shortly after the Crucifixion, twelve holy men from the East, led by Joseph of Arimathea, came to Glastonbury and founded there the first church in Britain – or in all Christendom. History neither confirms or refutes this story, but it does record that Christianity was established in Britain at a very early date, compatible with the legendary date of St Joseph's mission. There's also a tradition of Jesus's presence at Glastonbury for it's implied in the earliest chronicles, beginning with the *Life of St Dunstan*, written at the end of the tenth century and containing the first reference to the Glastonbury foundation legend. Dobson and his colleagues suggested that Jesus was at Glastonbury during his "hidden years" – the period of his life about which nothing is known – before entering upon his mission at the age of thirty. Did Jesus go to the Celtic Mysteries centre on the Isle of Avalon to study? Did Mary Magdalene spend time in Glastonbury accompanied by Joseph of Arimathea? Were King Arthur and Guinevere buried in the Abbey? So many mysteries.

## **Stonehenge**

The great and ancient stone circle of Stonehenge is one of the wonders of the world. What visitors see today are the substantial remnants of the last in a sequence of such monuments erected between circa 3000BC and 1600BC.

There has always been intense debate over quite what purpose Stonehenge served. Certainly, it was the focal point in a landscape filled with prehistoric ceremonial structures, now a World Heritage Site.

## **Avebury**

Avebury contains some of the largest megaliths in Britain and the great stone circle is the largest of its kind in Europe. Nearby Silbury Hill, 320,000 cubic metres of chalk and soil, the “tallest mystery in ancient Europe”, was begun nearly 5000 years ago. These are the two biggest Neolithic earthworks in Europe. West Kennet Long Barrow, a megalithic burial vault, is a magnificent stone-chambered long barrow dating from c3700 BC and at about 107 metres in length is the largest long barrow in England.

The British Poet Laureate, Sir John Betjeman, c1950 wrote “Avebury is a haunting place to see at all times and in all weathers, but most impressive of all on a still moonlit night, when it seems to be peopled with ghosts and the old church and cottages of the village seem quite new and insignificant...”

All in all an atmospheric trip staying at two bases in beautiful countryside taking in the myths and legends of Ancient Britain, learning new skills and practising our own ceremonies as individuals and a group.

## **MORE ABOUT YOUR GUIDES**

### **Jane Knight**

For over 30 years Jane worked very successfully in the local authority and corporate market with international companies, mainly in the field of people development, building on her degree in Sociology with Psychology. As well as running her own company called Life Fit with her younger daughter, Rebecca, she is a qualified Teacher, Trainer, Hypnotherapist, Age Regression Therapist, Past Life Regression Therapist, Usui and Angelic Reiki Master, and Colourworks Therapist and Teacher.

She loves taking groups to sacred sites where our complementary energies can create balance, harmony, healing – with lots of fun and laughter!

<http://www.lifefitltd.com/>

### **Peter Knight**

Peter Knight (no relation to Jane) lives in Dorset and is well known in the South of England for his lively and enthusiastic workshops, lectures and field trips about topics relating to our ancient heritage. He is co-founder of the Dorset Earth Mysteries Group (DEMG), an active troupe of enthusiasts who hold meetings in Bournemouth as well as field trips to sacred sites. In 2005 he

instigated the first ever Convention of Alternative Archaeology and Earth Mysteries, held in October in Dorset, which was highly successful and was repeated again with success in 2006. Peter is an Adult Education Tutor on archaeology and earth mysteries, and has held seminars at Bournemouth University. He is a freelance magazine writer, and has appeared on radio and TV, most notably on Channel 4 with Monty Don in *Don Roamin'*. He also hosts the *Ancient Ambient Chill-Out*, combining large-screen images of sacred sites and tribal cultures with funky music.

His interests include walking, drumming, dowsing, visiting sacred sites, and photography. He is a proud father, vegetarian and Reiki Master. Peter follows a Goddess-inspired spirituality, yet honours and respects the wisdom of other spiritualities and religions.

<http://www.stoneseeker.net/>

Cost: £99